

The whole reason why we exist is not to understand love but to FEEL love, to BE love!

I would like very much to share this session with you all. As we all know everything has a reason and it is fascinating to me to see how the universe works, when we really have a great desire. I've met this client through a lady that I've been speaking to that lives in Europe, I am in Texas, and this client is in NY. She introduced us because we both have sons with autism. She was not aware of my QHHT work. I simply was trying to inquire the information about Russian scientist who created healing on a quantum level. I was interested to try it for my son. I contacted this client just to see if we can talk about our children and our experience with autism. And about this treatment as well. I did not expect what I would experience later on during QHHT session. Neither did I imagine that we will be meeting and conducting a session. But clearly the universe did!! As we continue our conversation she asked me if I know of Dolores Cannon, I smile and said I am certified by this beautiful lady and I am blessed to have come in contact with her and to be able to have my own practice and to follow her steps in giving understanding to people of their most important questions and wonders, in this present incarnation. Knowledge is most precious! She has mentioned to me that she has recently contacted Dolores's office in hope of a session. Once she knew that I am practicing the same method she said that she feels very comfortable with me and would like to make an appointment and fly in to Texas to have a session for herself and also in hopes that we can conduct a session for her son, who is 23 years old and a wonderful soul living with autism!! I should go ahead and mention that she did not read Dolores books; she just recently came to know of Dolores work and immediately knew that she has to have a session. Also as we have found out after the session she was a complete somnambulist and remembers just a few images from the session.

You see to me this is a dream come true as I've learned in my personal sessions that my son is the one who led me to QHHT work. There is a reason why we have certain circumstances or situations in our lives, so that we can learn from them and make the best. I understand now that I am being guided down the road of hoping human beings in understanding what autism is and perhaps to look at it from another perspective.

I will call this client Susan, not her real name, for the privacy reasons.

I applaud Susan for trusting in me and trust in QHHT. My hopes were of course, to answer all her questions and if possible have healing for her son. Or at least have some understanding in what autism is. I have worked with a few clients on this subject already and have received information and I am aware that at this time there is no healing for autism, but I am still optimistic about the cure or reversal or whatever it is we want to call it.. Every session I conduct on a parent with autism I still hope that there is a healing perhaps for that particular child. With all my heart I really hope that you find this information helpful to you.



As Susan came off the cloud the first that she saw is sand and as she continued to look around, she saw mountains with holes, kind of like cave looking and people were coming in and out of the holes the mountains were not too big not to small, just right size for people to walk in and out. People were wearing strange hats on their heads. The hats were made of fabric and they were beige color. I was wondering if they had had any significance and she said that the hats were protecting people from the sun because the place is very, very hot. I wondered how she felt being in a place like that and she said it was very interesting as if she was surprised being in a place like that, because it seems different to her.

This made clear to me that she is observing the place and has not yet become a part of that life. As she continued to discovering herself, she found herself wearing very pointy shoes. They were made of multicolor fabric, very bright, almost silk looking material. She was wearing a long dress that was covering the feet the dress was very beautiful made of a very soft and flowing green color fabric. She found herself wearing something similar to a hat, but it was different from the hats that she previously described. She said it looks like a head box and it was made out of velvet and was red in color very dark red. The top of her dress was made out of gold and stones and was almost like a corset and it was a part of her body, it was flowing with the body as the body moved around. She was carrying a handkerchief in her hand. She felt that she was about 30 years old healthy and beautiful female. As we continue, she saw a bridge made out of stone and wall, she was trying to find the door and realized there was no door but felt the need to get inside. So I ask her to see how she usually goes inside and her reply was that she does not walk inside, she is being taking inside and that's why there is no door. I ask her to describe to me how this usually is done. Her response was that some kind of thing that looks like a tent comes down and she walks inside the tent and then she is in this place. As she walked out of the tent, she saw the place where she leaves in that lifetime. She describes the place with lots of greenery, lots of flowers, beautiful fountains, and lots of lilies in the fountain. She saw herself eating lots of fruits on beautiful silver plates that were presented very nicely. She found herself to be alone; she saw a lot of people that were workers she felt like the people were working for someone else. As she continue to look around she saw an older man and he was wearing a hat as well. The men were wearing the same hats form the different fabrics, and the workers were wearing same hats but beige color and women did not wear hats, women's heads were covered with fabric.



She spent majority of her time talking to the flowers and just walking in the nature, talking to the birds that would set on her palm. She was able to communicate with the birds. I ask her what the birds were saying and she said that the birds are saying thank you for feeding them. At this time I had a feeling that this is not Earth and I asked her if she was aware where this place is, whether it is Earth. Her response was that I don't know. This was clear to me that at this point she was so immersed in the character that she didn't even understand the question because she perhaps was not even aware of different existence except existing in this particular place. Her only comment was that it is very peaceful and very beautiful and the people are very nice. It seems that behind this stone wall was a beautiful oasis and on the other side of the wall it was very bearing, just caves, lots of sand.

As I ask her to move to next important day in time she found herself already dead. I ask her to describe what is she seeing and she replied that she is lying in something but it's not her bed, it's around shape tube. She was seeing herself from inside of that tube and from the outside and that she could see herself from both views. It felt very comfortable to her and she was not frightened at all. Her voice was very soft and peaceful and calm. I ask her if she knew the cause of death and she said it's just something that's comes natural she said there's a beautiful light in the tube and when the tube closes the light eliminates inside and it is a beautiful white light and it's very comfortable not frightening at all. It sounded very interesting so I asked her to describe what happens to her while she is in this tube. She said it is a transition, you go somewhere else. I direct her to move to that time if she would like to explore it. She said that she has chosen to do this and to have that experience in that life. I ask her if she would like to find out what happened next and she said that her people took her there, they lay her down, they took of all her clothes, they covered her with very thin and soft fabric and then they closed the tube.

Susan: t's like they just snap the tube on top along the line of the body. And then the tube fills with light inside. And then I blend with the light that is inside the tube and then they opened the tube and the light blends with everything else, I becomes a part of everything, I become that light, and it is very, very nice to be in this light.

This sounded familiar to me as I knew from Dolores work that in the other realities the body converts back to energy. So clearly this was not an Earthly life.

As I ask her to look at that lifetime and see this life from a different perspective, what is it that she was supposed to learn from this life and what was the purpose of that lifetime. Her reply was

S: I was supposed to learn to listen and to hear, to hear everything.

I asked her to elaborate and she said that she was not talking in that lifetime she was just listening and hearing.

Anna: I was wondering if there is anyone else that was able to talk and that lifetime or if it was only her.

S: no, no one talked in that lifetime, we understood each other, we did not need words to communicate and that's why that place was very quiet. There is just no need to talk, everything was understood.

A: did you enjoy that life?

S: yes!! It was a beautiful life and I really enjoyed it!!

As a moved her to another important time and place something that she would consider very important, she found herself in a Second Life.

At this time I observed something very interesting the tone of her voice has changed and became more rigid and she said: *I see machines and a lot of equipment.*



A: can you describe the machines to me, what do they look like?

S: they kind of look like a lot of different shapes, but made out of one material. It's metallic but yet it's not regular metal, it seems like it has flexibility to it. The machines are all different size some big some small and I have a way to communicate with the machines. I am able to tell them what to do and they follow my command.

As a ask her to look at herself she said that she is bold, no hair, she has a very small nose and she has boots on her feet that come up to her knees but they feel like socks, they made of a very soft material and she is wearing a leather suit on her body, it is very tight to her body but yet allows her to be flexible. She was wearing black gloves on her hands. Her skin was very white, she discovered that she had a big blue eyes and very small ears, and the mouse, her neck was very long. She was showing to the machines what is it that she wants them to do and the machines were able to understand her commands. So it

seems that the machines had intelligence because all she had to do is to point her finger and they were able to do what is it was requested.

A: do you use any particular type of communication?

S: they just know what I want them to do.

A: can you describe the tasks that you are asking machines to do?

S: they are moving pieces, seem like they are assembling it, almost seems like it is some kind of a factory and they are making something,... some kind of a device.

So I asked her to move forward when the project was finished:

S: it's very interesting it's a very, very big ball, it is huge ball!! The ball has an opening and it's full of light inside and I see people like myself inside.

(She sounded very surprised and happy)

S: everybody is bold and looks just like me, there is quite a bit of people in here and we all look the same.

A: do you feel male or female?

S: we do not have a gender, we all the same.

A: How do you procreate?

S: We do not procreate and we do not have children, it's an attachment and I do not want to be attached.

A: How do you communicate?

S: no one is talking we communicate telepathically seems like we could just understand each other and hear each other and everybody is working and everybody has their own things they work on.

It seemed to me like they were working on their single tasks but yet it's almost as there is a collective and they know and aware of what each one is doing. She said that they do not have names. So I ask her if there is a companion that she has in there and she said that they are just one big family. She had a very difficult time to describe being a part of this collective. It's just needs to be done and we just do it.

I wonder how they eat or what they do for nourishment. She said we don't need to eat anything the light nourishes us; we don't need food at all.



As she moved to another important scene she found herself in a collision and they were doing the repairs because they needed to get home. Now it became clear: they were repairing this ball so they can get home. So I instructed her to move forward to the time when the repairs are complete and they're moving home and describe to me what home looks like.

S: home is beautiful!!!

As she started to describe home, she had a wonderful smile on her face and the energy was soft and beautiful she was describing it in a very soft voice.

S: it is like a land of bowls and colors and when the balls open the light comes out of the bowls and it all opens up into the beautiful scenery with lots of light. It's like rays of light playing with each other, shooting; radiating from the surface it's really beautiful!!

This reminded me of a disco ball. I asked her to describe to me what the surface looks like she had a very difficult time to finding the words to describe it and she said it's like polished granite very shiny very neutral colors. There are sockets for the base where the bowls set on.

A: what is it that you do on the surface when you come out of the bowls?

S: we are just there..

A: Do you ever travel to different parts of the universe? Do you go somewhere else to different places, different planets?

S: yes, we travel to different places and we talk with energy but not words.

As she moved to another important day she found herself teaching other beings how to speak without words, it's not really telepathically but it's similar to that she said.

A: I ask her to describe to me how is she doing it?

S: we speak to them, to the ones that hear us, we transfer the thought, the full thought from the beginning to the end but not everybody can hear our thoughts. It is very good for the beings.

A: what is the purpose of that teaching?

S: it's very good for them it raises their vibration one cannot do that if one has anger in your heart. If your hart is open you can communicate with thoughts.

A: can you tell us if these beings are humanoids?

S: yes, they are humanoids.

I was wondering if it's Earth that they go to.

S: no, it's a different planet.

A: do you ever come to earth?

S: I love Earth's!! Earth it's beautiful.

So I ask her if she's been to earth before.

S: yes. We all love Earth but it's far from our planet.

A: Do you know the name of your planet where you from? If it's appropriate, for you to tell us.

S: Asadeah. (As- sa- de-ah)That is how she pronounces it.

A: What do you do when you come to earth?

S: We look at the seas and we look at nature because we don't have that at home. Earth looks very different from our home.



I knew from other sessions that many beings adore Earth. Because Earth looks very different than any other planets. It is beautiful with all our landscapes.

A: Do you ever have contact with the beings on earth?

S: Yes, we give them love. Some beings on Earth are able to communicate to beings from the other realm and we sense the energy when we communicate that way.

A: What is it that you do when you come to earth?

S: We give everyone love we try to teach what love means, not everyone knows what love is. Earth is not the only planet in the universe, nobody is abusing love in the universe as people on earth, they want to possess love on earth they want to control love and we want to tell them that all is everyone and one is everything, you can only share love you cannot possess it.

A: I you aware that Earth is going through new times right now, something that we call “the shift”?

S: yes, we all are, everything in a universe is going through the same shift.

A: do you by any chance know the outcome of the shift for the Earth?

S: yes, the shift affects every single thing on Earth and in Universe and that is why we all going through this shift. The shift is happening because the only true universal energy is love and Earth is the only planet that does not understand love, the true meaning of love, it's not love from one person to another, it's different love, its love that brings such a joy the joy of the true love, you cannot hold it, the way it radiates. That's why we want to share love with the off springs. But humans on earth want to confined love, put it in jail, and put it in the closet.

A: do you think that eventually humans will change?

S: yes, this change is coming soon, yes, but not in your lifetime though. It's a big process and it's a long process and a long for human lifetime, 100 years is not enough but the next couple of centuries, a few generations, it's kind of like a radiation affect, the love is going to push everything out it's like a ripple effect. It is going take a while. The shift is started and there are a lot of changes.

A: what happens to people that are not in that love energy? We were told that they will have to leave Earth at some point?

S: Love is contagious! No one has to leave, and yes, they will understand, they just don't want to wright now but eventually they will.

A: Isn't it the whole reason why we exist is to understand love?

S: No, not to understand to FEEL love to BE love!!

A: are you aware that you are speaking through this being Susan right now?

S: yes, I am aware; we can be anywhere and everywhere at the same time. We are aware that all human beings are different, yes, but all humans drink water a drop of water is drop of love so every human can sustain and be infected with love and that's what we do, we drop the water of love, some get more and some get less.

A: How do you do that? Can you explain?

S: the energy, we sent energy like a drop of water, just like the drop of water we do it like a shower, which is showered the earth and not just human beings, but everything that exists on Earth.

A: Can you tell us the system or universe where you come from?

S: Our system is far away from your systems.

A: Why is Earth is so far away?

S: Hmm...It was pushed far away.

A: was there a reason?

S: Earth is a neutral zone, we cannot interfere, we can only assist, the Earth is a young planet as you know it, but we will not let you do anything crazy,(she smile) we will not let you destroy Earth.

One of the questions that Susan wanted to know is where home, where she comes from. So I thought this would be a great time and opportunity to ask this being.

S: she is coming from us. She knows. But we are different.

A: are you what we call here on Earth: extraterrestrial?

S: Everything is extraterrestrial other than Earth; we are just from the different system that is away from your system. So you are not a part of extraterrestrial? Yes we are. Everybody is! The Earth is extraterrestrial to us is well.

A: Do you know if there is going to be a contact with your beings on Earth in the future?

S: The contact is already been in for many, many years' people who get our contact they know but the majority people don't know.

A: will we see beings like you at some point walk among us here on Earth?

S: We may. We have to lower our vibration set point to vibrate with the flash level, to vibrate in your vibration and there is no way back, no one wants to do that yet. We can become flash but we cannot become light from the flash.

Sense I had the opportunity to communicate with this energy from this dimension, from this other universal system that are clearly a part of the whole conciseness, I thought this might be a great opportunity to ask about autism. About the souls of children that live here on Earth with autism. Susan and I, we both have sons with autism. I have had the opportunity to research this subject in other sessions with clients that had the same interest. But my interest is so much more. I want to understand why these souls come here. Is it their choice? Is it an accident? Why are they so different from us and

from each other? Why the biomedical does not seem to work well, even with the perfect diets the children with autism still have minor symptoms? What can we do to help if anything? Why these souls are born in to some families and the other families? And much more. To be perfectly honest I never know where the session will take us. I rely on the guidance on the clients subconsciousness. Susan was so kind to give me the permission to ask anything that might be relevant on this subject. This was also many of Susan's questions as well. And I am forever grateful to her and the beings for this information!! This is by far the best explanation I have ever heard. And for the most part the same information is coming in from different clients. How is it possible that the clients that come to see me do not know each other and living in different parts of the country but are giving the same message while they are in this hypnotic state? Unless of course there is a Higher Conciseness that is aware of much more than we are able to be aware of.



A: Are you aware that both of our sons that are living here with us, are living with what we call here on Earth: autism?

S: *hmm...yes.*

A: Can you tell us anything about the children with autism?

S: *Yes, they are not the ones that are disabled it's the humans that are disabled.*

A: can you help us understand why they come here?

S: *They are stuck, but they are not disabled, they are stuck in the transition from light to flash, so they are both they are light and flash they're not full flash and they're not full light. They have advantages to you and to us.*

A: What do you mean by this?

S: *They are able to communicate with us.*

A: Is it done on purpose or is it an accident that they are this way?

S: they wanted to come and assist with love, with transferring love and they got stuck because of not fully integrating into the physical, so they integrated into the physical form but not on a mental. They are stuck in the light.

A: There so many of this children coming, why is it that they are keep coming?

S: They stuck not because they chose, they stack because you environment doesn't let them to fully integrate into the physical.

A: Can you elaborate more on that? Is there anything in particular in our environment that prevents then to fully integrate?

S: there are some disruptive signals, electromagnetic signals that make them stuck.

A: can you help us understand why it only happens to certain children, why is it that not all children are being affected by it?

S: They didn't choose to be like that, they choose to come to help and spread love but they get stuck. It's the signals that "they" sent here and "they" don't want us to help. "They" know that we are trying to help Earth but there is this group, and because of the law of non-interference they cannot interfere, but they interfere in this way. By preventing us to come to help.

A: Is there anything that we can do to help these children? Can we reverse the affects or can we prevent this from happening in the future, these interferences?

S: The more we want to come to you to help, the more shields they put up and that is why more and more humans experience this, more and more of our beings get stuck in transition to humans because they know that we want to help and they don't want us to help but they cannot interfere as well as we cannot, so yeah it's like an invisible battle.

A: Is there anything we can do to help from here from this side?

S: (Deep breath) these beings are full of light and full of love, they will teach you how to love. These beings will teach you how to love.

A: but we don't want them to suffer.

S: they don't suffer.

A: we perceive them different than us and we think that it's difficult for them.

S: it's the mind of yours that is suffering, they don't have a mind of yours, they don't suffer they are fine.

A: but isn't it hard for them to live in this reality because they're not like most humans and most humans don't want to accept them.

S: it will be soon the other way; most humans will not be accepted into their light.

A: So this children healing humans with their light?

S: Yes, and this children come to help change humankind and they are doing a good job they are changing humankind.

A: But they're not accepted in society. They are not able to function like most humans to be independent or to drive cars for example.

S: They don't need to drive cars! Did you notice that their basic needs a very small?

A: Yes, they are very pure. They are so beautiful in their own way.

I almost had tears in my eyes as this subject is so close to my heart, but I had to continue and there was no time to get emotional about it. One other point I would like to make here is that all this time while we were talking on this subject Susan displaced no emotion at all. It as if this was not Susan. I had to try hard to stay objective and control my own emotions. Yet in the "awake state" Susan was very companionate about subject on autism but in this state she was absolutely come and seems detached from the emotions. Even though we were talking about her son. This is also confirms that when the client reaches a deep level, a somnambulistic level, they are not aware of what is happening and are not able to react emotionally. I have learned to trust this energy because I know that this information is coming from something that is so much beyond our understanding.

S: they don't have any ego they don't have any materialistic wishes, they just are!!

A: So how can we bring this message to the human beings? Because most of the human beings that have a child like this are trying to heal them, but correct me if I am wrong, it's my understanding, that it's not us healing them it is them healing us!! So how can we relay this message to the human beings so that they understand this concept?

S: they just need to understand and they will, they already understand! When you give those medications you quiet them, you cannot give them the medications, and this is detrimental to them, no medications!

A: what about other therapies like chelation? Because this children have heavy metals in their bodies and it makes them sick?

S: it's not the heavy metals it's the messages that were transmitted in that electromagnetic field and those are heavy and you cannot take that out with chelation. Chelation is another form of infection. They are infecting the brain with chelation agents and then making it most stubborn and more humanoid on the negative side on the dark side of it.

A: is there is anything that you can do?

S: we will help, (there was some hesitation here....) but they have a free will as well, even though they have come here on a free will, they did not expect to get stuck, people on earth interfere. But don't worry there will be a technology that will come soon. The light is the only thing that can help them, because the

light is healing and they are light, it's just their light that was affected so the light will help them and we will help with the devices that produce that light. It will be something like a tanning bed.

A: will this come in our lifetime?

S: yes, because it's a pure light infused with all the knowledge that we have, and everyone will benefit from it not only this individuals.

A: Is this technology will come from you?

S: Yes, we will give it to you, to humankind.

A: what about our government or the beings that are not interested in the Earth survival can they stop you?

S: we cannot be stopped! You do not worry about them, don't worry about anything!

A: Do you see any natural disasters happening on earth?

S: no, there will be some disturbances. But the hurricane is not a catastrophic for the whole planet however it is a catastrophic for the once who experience it.

A: but it's my understanding that those souls have chosen to experience that? They have chosen to go through that?

S: Everyone chooses that, there is nothing but choice!

A: I asked about the destruction by water.

S: There will not be mass destruction on earth of waters raising and killing the people. Water knows, water is full of the knowledge! It's so smart, it cannot do that.

A: can I share this information with others?

S: yes!

A: thank you! I think this is a very important and many people will love to hear this. There's so many questions that I want to ask!!!

S: Don't think just ask!!!

This was so funny to me because that is what I usually tell my clients in the session and here we are "they" telling me the same line. I chuckled.

A: I am aware of technology that is kind of similar to what you're describing with light, it is a lamp.

S: yes, we are aware of that technology, but it is not complete yet.

Susan had no recollection of this lamp at all. After the session when I asked her about it she had no idea what I was talking about I had to show to her what I knew so far.

A: but I'm wondering if it's the same design?

S: I know that the technology is not ready yet and it's not on plane of the Earth.

A: can you give us a time frame in Earth time?

S: yes, more than the next 3 to 5 years in your time.

A: Is there anything that we can do in the meantime for these children with autism?

S: Yes. Can you believe that the humans are so affected by these children, and yet they are outcasts by their own? It's not us it's them. They don't want to be like us.

A: what do you mean? Who are them?

S: it's the children, they don't want to be like you, like humans, so they're coming in because they wanted to be different they want change for Earth, they wanted to help Earth and yet they get stuck.

A: are you saying that the only ones that are affected by this are the ones that are coming in here with a special mission to help earth?

S: Yes, Yes. (This was said very firmly)

A: who is targeting them, who is the other forces is it appropriate for you to tell us, who the other forces are?

S: we don't tag or label it's the other forces opposite of love.

A: why is earth so important to them?

S: because it's a free will planet they feed on the energy of humans, we all are, but we feed on energy of that that blossom you and they feed of the energy that destroys you.

A: isn't it the law of the universe that there is always the contrast, positive and negative?

S: yes, there is always a contrast and you are here to learn in this contrast. You exist to learn from any experience, you learn what love is. It's your universe that has contrast our universe doesn't have contrast. Why? Because we are all but love nothing but love!!

At this point I really wanted to go there and I said that I am really wanted to go there!!!

S: you chose to come here and you did not know that it could be so interesting?

A: interesting I said!! You are right it is interesting here!!

S: it's what you choose to feel is what the key for you. You choose to feel the energy.

A: Is there a way that we can prevent this technology so they don't interfere?

S: you cannot and we cannot because we cannot interfere and you are technologically not advanced yet, they have surrounded earth with the net.

A: how can we take that net away?

S: the light must shine from within. The light from you and from the earth will dissipate the net we cannot do it from the outside, you can do it from the inside, and with the technology that is coming your way and the love that comes your way, you will be able to.

A: but that means that all the systems that we have now in place will have to change: the religion, the financial systems?

S: there is no financial system, its funny that you came up with this financial system, only humans can came up with this financial system, it's like you are paying for the air that you breed and for blood that is moving from heart to the lungs. It's an interesting system. Hmm...

A: but many humans don't like this financial system, it would be nice for this system to not exist anymore because it brings more pain to others and there is no need for that.

S: that's correct. That's a control vehicle, that's the only thing that controls the planet Earth, nothing else, just money.

A: How can we change the system?

S: That's why these beings choose to come to enlighten you.

This is very interesting because this is not the first time I'm hearing this message. I've heard the same message from working with other clients. The same message comes through: **To enlighten us. To help us. To open us through compassion, through love for this children that are affected. The only way we can do it is from inside. The light must shine from within!**

A: are these beings that are affected by the autism can they communicate with each other? Because many of them do not talk and many of them what seems to us do not communicate with each other either?

S: We don't talk were we leave either. There is no need .They know why they are here.

A: is there a collective conciseness?

I wanted to ask this question because I was able to communicate with that collective conciseness through my son.

S: we all have.

A: Are they aware of each other, I mean children with autism?

S: are you aware of the cell in your spleen!

A: good point! The reason I ask because when they are in the group it doesn't look like they're communicating with each other.

S: They are not aware of each other as you think they should be, but they are aware of their field of energy they don't relate to themselves as humans(she smiled) they relate to themselves as units of energy that are named by human names they are units of one organism one energy filled.

A: Are those children that do not talk, like our children? Susan's son has limited verbal communication and mine is nonverbal. Susan had 23 years to explore as to why he is not able to fully communicate and I so far spent 11 years. I wanted to understand if they choose not to talk or they just simply can't?



S: They are just stuck. It depends on where they get stuck. Depending on the level they get stuck. They don't choose not to talk, there is no choice giving at all! It's the level of stuckness. If you are stuck on the third floor you don't know the existence of the fifth floor, you are just stuck and if you stuck on the fifth floor you don't know what kind of building you are in. So they're just stuck on different levels not by choice but what we would call energetic accident.

A: Is there any way we can communicate with them while they are stuck on those levels? Hmm...

S: They are afraid of being stuck there. Hmm..

A: It is interesting what you mentioning, because I do see and feel fear in my son.

S: You need to help them.

A: show us the way and we will help!!

S: On the physical level you can hug as many times as you can possibly, you can hug heart to heart! Your heart, human heart filled, is very strong it echoes and resonates like a tuning fork.

A: Is there anything that you can do energetically to help them?

S: Yeahh. Deep breath... Hmm... Love is going to replace the fear.

A: Do they understand that they are stuck?

S: they do.

A: so it is hard for them to exist here?

S: no, not really, they understand that they are stock but they don't understand why they are stock and where. If you don't know that the building is a 10 story building, than you do not know which floor you are stock on. If you don't know that it is a five-story building than you don't know that you are stuck on the fifth floor.

A: Where are these children/souls/beings with autism are coming from?

S: They are coming from all over the universe!!

Even though I already knew the answer to this question from previous sessions with clients. This was one of Susan's questions and I had to ask so that the answer would come from them and not from me.

S: They are like the parachutes flying from all over the place, like thousands parachutes. Thousands of parachutes seeding the earth!!

A: So that is why they are all different from each other?

S: yes.

A: can you tell us if there is a coincidence that they are born into a particular family? Is there is a reason why one family have a child with autism and the other families don't have children with autism?

S: You have the capacity and capability, you heart can open, not every human can open their hearts. There is no coincident. As an example: You wouldn't send a deaf individual listen to the symphony concert this is the same thing, they come in to lives of those who can open and heal themselves and the others around.

A: So what I understand you saying is that the parents of the children that have autism are high evolved beings them self's, because only high evolved being can support and guide a being like that?

S: yes. Absolutely!!

A: can you tell us if it is their first incarnations here on Earth? Have some incarnated here on Earth before?

S: They all new!!! That's why they get stuck, they are all new!!

A: are they caring a message for humanity when they're coming in to help?

S: Yes, they bringing love they came to positively infect you with love and they did and they still come in and do. But not fully because they are stock but they are all in human Earth words walking Gods they are master's highly evolved masters.

A: are they able to sense the energy of other people around them?

S: Yes their levels are very high. They sense the energy in a different way. Different than you do. You don't sense anything in comparison to them you are not capable to understand. It's not your fault.

A: Oh, I do understand these are completely different beings and we are the first wave, the ground breakers?

S: yes, you are.

A: I'm trying to understand from their perspective do they have any desires? Do they want to do things or they are just stuck and they are not aware?

S: Yes, they do have desires and the only desire they have: is love. We don't have to do anything, we don't have to work, we are so far beyond of working and wanting, we don't need that and they don't need to work but they might like to, they may like to interact with nature and many of them do like nature.

A: I see that they are all different and that is as I understand on which floor you get stuck. But I have notice that some of them are a little passing and yet some of them are a little aggressive can you tell us why?

S: It's like imagine you going in to the building that is 10 stories. You walk into the elevator and you press the button and it doesn't move, it just stuck! You are confined in that place. Wouldn't you be angry? At least the once that go a little hire to the fourth, fifth and sixth floor they can benefit from the ride.

This was interesting information. This was the first time I have herd an explanation this way and to me it made perfect sense. I was getting to the point where it was time for Susan's personal questions and usually I would call on client sub conciseness to answer their questions. But it seemed to me that this being that we were talking to, was able to give us so much more information, way beyond I could ever imagine. I also knew that on that level we are all one and we can access the information. But I am simply just a guide and I always let the sub consciousness of the client to guide the session. So I have decided to ask "them" if I need to call on Susan's sub conciseness or would they be able to answer Susan's questions. I will not disclose here her personal questions. The privacy of my clients is important to me. But these are some that "they" answered that most of us have been asking as well so I will only share some of Susan's questions because the way they answered many of us could relate.

A: Are you a part of the Susan's sub consciousness, because normally for this part I call on Susan's sub consciousness, Susan has a few personal questions that she would like to know the answers to?

S: We are all that is!!

A: okay good I thought so. So I can proceed to ask the questions that Susan has?

S: yes.

A: This project that Susan has in mind?

S: yes, this project will open the doors of the elevators, many. You will have that equipment in that project, the light chamber; you don't need to bring people in. People will come to you collectively you need to have the desire to wanted to do it; the money will come as well. If there is a collective and pure desire, not salaries, but desire to love and give love than they will come.



A: You know we always wonder about the soul mates.

I also knew the answer to this question but I wanted it to come from them. When my clients come to see me it is not me they come to listen to. They come to me so that I can guide them to get in touch with their sub conciseness, they are the once that know what is the best for the client. We are all very different; we are all on different paths as well. How could anyone know you, if we sometimes don't even know our self's? I have full and complete trust in "THEM" as they call them self's: "we are all there is". I always prefer to have information first hand!!

S: So funny the subject of soul mates, what you want by soul mate is something that is just like you but in a different energy and it's not good for you because that's the same. How can you learn from if it is the same? It has to be opposite.

A: it's my understanding that if we have the soul mate the life would be beautiful and perfect and we would not learn anything because it would be too easy.

S: it's not so much learning, it's complementing. If you look at men and women it's like two pieces of a puzzle, of one picture, they have to fit, they cannot be the same and they cannot be totally opposite either it has to be a perfect fit.

A: We were also interested about stem cells research and actual procedure?

S: the stem cells therapy is helpful because cells grow and out of those cells will grow another human, so you are more than one, you are double human (has difficulty to explain the proses)

A: but wouldn't it interfere because you have 2 people living within you?

S: it's like you would have two human growing inside you because you have placed cells from another human..(She seems to have difficulty to explaining about it) so you essentially have two people living within you, it's good having powers of two than one and the strength and knowledge.

A: to me it seems like it would be interfering with each other and what about the emotions?

S: the emotions come later when the fetus is matures at 6 month, than the cells take the imprint of your emotions like magnifying glass. The stem cells it is helpful in transition out of the stuckness but it's a longer process. It takes time.

A: does it work on everyone?

S: yes. It works on everyone.

A: but our government not in favor of that treatment? And as far as I know these treatments are not available in US.

S: Have you ever seen people walking on the street with crown on their head, but yet the Queen is the one that always wearing the crown. They don't want you to be alike. And that's why they tell you everything otherwise so that you don't look in to that.

A: so we still have some control over us? Why?

S: yes, because they are afraid of losing that control. If humans could only understand that the only way is not to fight, but eliminate and make it better, it's not by fighting, not by arguing, not by killing but just giving people genuine love and when you do that, they cannot be unaffected they will be affected in a way that today may seems to you not possible. You see the biochemistry behind that emotion that you call love is so powerful that it changes everything when it comes to human flesh energetically it's beyond your comprehension what it does.

Sense we were planning on doing the session for her son, I ask if it would be helpful to do a QHHT session on her son or any of the children with autism, if they would benefit from a session like this?

S: You can try but it's not a benefit to him, it's a benefit to you, to people around him. Maybe he will be able to articulate to you what he is experiencing. You have to bring this information to human beings and allow them to look at the autism from atoner perspective.

A: I was also wondering if it's possible to access his sub consciousness through his mother. I've done it before.

S: the access was not valid.

This caught me by surprise, so I ask why?

S: he has to give you the permission. And he cannot understand and articulate so any access would be invalid, it's your desire not his.

A: but my desire is to simply help.

S: it's not you as an individual, but people that want to know.

A: but there is no harm in it if we just want to know?

S: it is not about harm, it's about not interference.

A: but if they give us permission than we are able to.

S: yes, you can try then.

A: is there a message for Susan or all of us that you would like to give? She also would like to know her purpose?

S: You can do it! you can overcome" challenges of yours". Focus on the combined goal you and her and with the others, that are willing, the collective, it's going to magnify 100 volts. it's not like she or you as individuals, when you combined together it's not double, its 10 times and when there are 10 of you it is a thousand times and the focus of thousand times is very substantial result, can be achieved.

Her purpose is a high evolved being that she needs to work with high-frequency energy on the physical plane and she's learning it.

A: can you elaborate on that?

S: yes, focus on the result you want to achieve and she will be able to move the energy to that result but be careful because she can have any result, she can get any result whether there is good or bad, she needs to be very careful with the emotions and the desires. She's just practicing it's just a regular practice. You have to focus on the result, no circumstances. Focus on the result what you want. You know in the video game you go from point A to point B and there are distractions on the way. Well that is your life on Earth. In your life you should stop focus and collect the price. Just stop for a little time 72 hours of 48 it's not lots of time, but when you focus your energy beams like laser. You can learn this if you choose so. That is the key! It is the free will! You need to focus on the result of what you want not on the distractions.



A: I understand what you are saying but it is hard to focus!

S: no, it is not hard, yes, you just have distractions. But that is why you come here: is to learn!!

It is a free will!

I thank the SC and the beings that we've been talking to very much for giving us this information and shed some light on the phenomenon of autism and for all the information they have giving to Susan and us and ask them to recede to where they belong.

When I brought Susan back and ask her how long the session went she thought it was 20-30 minutes. Well we were talking for 3 hours! I ask her what she thought of the information she received she could not recall the conversation at all. All she recalled is some images from past lives.

I have also conducted a session for her son the next day and in his session there was no recollection of past lives or the SC. But I feel honored and blessed to have experience this. I will continue my work with all my hart and I will continue to spread the love!!

As "they" said:

This children bringing love! They came to positively infect us with love and they still come in and do. But not fully because they are stock but they are all in human Earth words walking Gods they are master's highly evolved masters.

With much love and gratitude,

Anna.