

Are you ready for the session?

Here are a few questions to ask yourself to see if a Quantum Hypnosis Session is right for you. Be honest with your answers, you don't have to share them with anyone.

1. Do you believe that you are more than just your body? •Do you believe that you have the ability to affect, in any way, your own emotional or physical healing? •Do you believe that your self-healing abilities can be as powerful or even more powerful than any doctor or medicine or surgery? •Do you believe that you, or a part of you, either has existed in other realms, or exists in other realms currently? •Do you believe that your imagination has the capacity to provide useful input to your life? •Do you believe there exist things that are traditionally or scientifically NOT measurable or explainable that have validity and are worth pursuing? •Do you believe that your beliefs or your thoughts, or your feelings can affect your reality? •Do you believe that dreams, daydreams or positive thinking can provide any tangible value in your life? •Do you believe that you are a part of the Creator (God, Source, Universe or World) and not something completely separate?
2. If you answered "no" to all or most of these questions, I might suggest that you are not suited or maybe just not quite ready for a QHHT Session. If you are searching for someone to "heal you", you definitely are not ready.
3. However, if you answered "yes" to most or even just several of these questions, and genuinely attempt to keep an open mind during a session with either modality, you most likely will be happy with your experience and find that you have made real improvements in your life!